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Québec Amérique

ADULT FICTION AND NON-FICTION

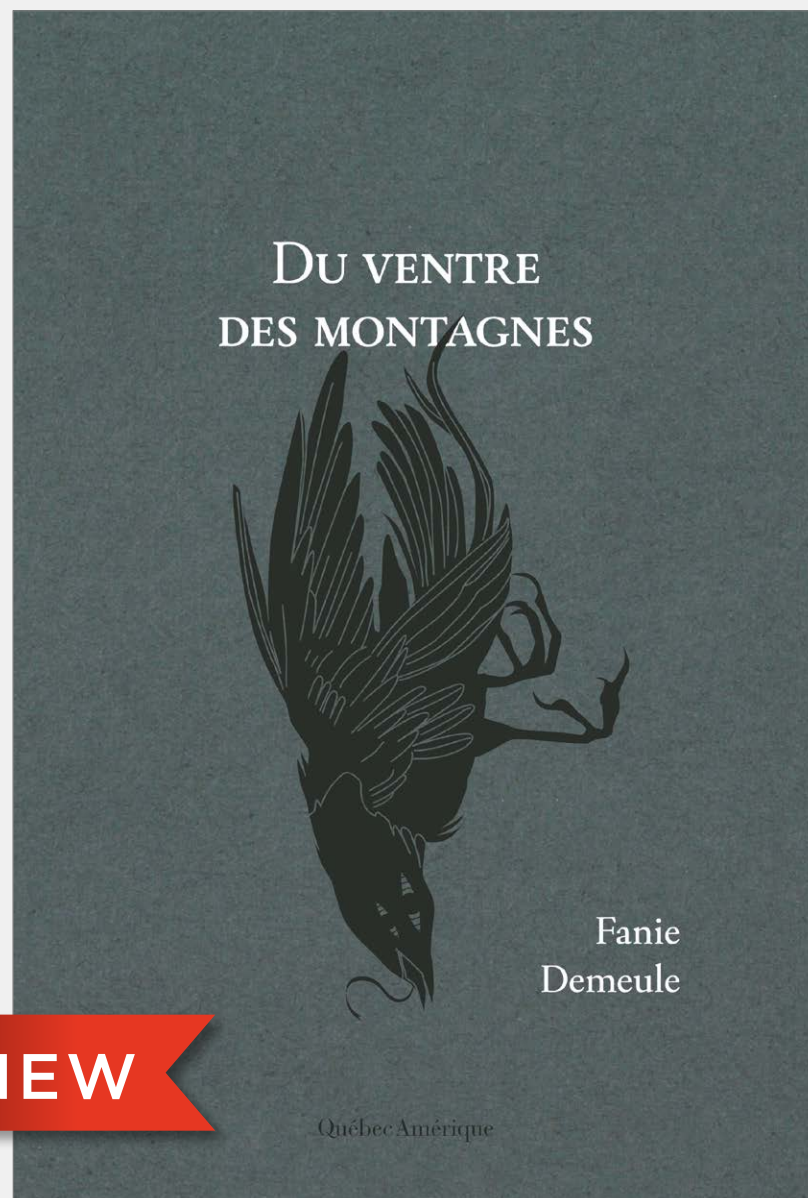
SPRING 2025

quebec-amerique.com



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**PAGES:** 360**WORD COUNT:** 57,912**SUBJECTS:** literary fiction, dark fantasy, legend and mythology.**RETAIL PRICE:** 34,95 CAD

FROM THE BELLY OF THE MOUNTAINS

A tale that plunges the reader into a world where the line between life and death blurs

In the heart of the majestic Kavela Mountains, Nan, a determined young woman, embarks on a desperate quest to bring her sister, Aino, back to life.

This mesmerizing novel skillfully blends a diversity of folklores and magical realism, offering a poignant exploration of sisterly love and grief. The complex and engaging characters evolve in a mysterious world, populated by legendary creatures and ancestral rituals.

The author weaves a fascinating plot where each step Nan takes brings her closer to her goal, but also to the conflicting impulses that inhabit her. Between sacrifice and transformation, the reader is drawn into an intense emotional journey, questioning the limits of love and humanity.

An unforgettable story that will haunt you long after the final page.

— Excerpt —

I'll bring you back from that place from which they say you'll never return. From now on, the days will grow longer. You will be reborn with the sun, Aino. I won't agree to give up my breath until you have taken yours.



Fanie Demeule

Fanie Demeule holds a doctorate degree in literature from the University of Quebec in Montreal, where she is a lecturer. She is the author of the novels *Déterrés les os* (2016, translated by Anita Anand: *Lightness*, 2020), *Roux clair naturel* (2019), *Mukbang* (2021, translated by Anita Anand: *Mukbang*, 2022), *Highlands* (2021) and *Dents de fortune* (2024),

the illustrated book *Bagels* (2021), the collection of short stories *Je suis celle qui veut sauver sa peau* (Hamac, 2022), as well as several texts in magazines and anthologies. In 2022, she won the Jacques-Brossard Prize for Science Fiction and Fantasy and the Prize of Imaginary Horizons. Through a plurality of literary genres, her works question the issues of mental health, relationships with the body and identity, as well as the porous borders between reality and fiction.



BY THE SAME AUTHOR:

RIGHTS SOLD:

Persian (Ana Pol Press)

DEBUT
NOVEL

NADIA TRANCHEMONTAGNE

LA
GROSSE
QUI
RÊVAIT
D'AMOUR

QA

NEW

PAGES: 248

WORD COUNT: 70,166

SUBJECTS: coming of age, body image, feminism, family life, friendship, contemporary fiction

RETAIL PRICE: 28,95 CAD

THE FAT GIRL WHO DREAMT OF LOVE

A moving novel about body image, self-esteem, and discovering one's worth

Samuelle, a young woman struggling with her weight, battles societal prejudices and expectations. Constantly defined by her appearance, she desperately seeks to break free. Navigating a world that seems to reject her, Samuelle grapples with a complex relationship with her mother, difficult romantic experiences, and a search for identity.

Through her adventures, encounters, and disappointments, Samuelle gradually learns to accept and assert herself. From swimming, which offers her refuge, to her transformative journey to Cuba, and through tumultuous relationships, each experience brings her closer to the woman she aspires to be. Will she find the love and acceptance she so desperately craves? Samuelle must confront her deepest fears and question everything she thought she knew about herself to finally flourish. A captivating emotional journey that will resonate with anyone who has struggled to find their place in the world. Experience Samuelle's story—a story of self-discovery, resilience, and the courage to love oneself.

— Excerpt —

The ordeal of the PoundPurge weight loss programme was by far the front runner in this saga. When my mother discovered it thanks to good old Dr Delacroix, it became her Holy Grail, her guru, her personal bible (and consequently mine). All too often I still find myself calculating the value of food in front of me, an automatism burned into my mind after years of memorization and repetition, like the cashier who, even though she hasn't worked in the grocery shop for months, still remembers by heart the code for bananas, peppers and grapes.



Nadia Tranchemontagne

Content creator in her spare time on social media (@latranchemontagne on Instagram), Nadia Tranchemontagne uses her digital platforms both as a space to advocate against fatphobia and as a playful and unpretentious creative outlet. Discovering the concept of "body neutrality" as an adult revolutionized how she views her relationship with her body.

Today, she seeks to share a simple and deeply personal message: every body is valid, deserves respect, and has the right to exist, no matter what Pierre, Paul, or Jack on Facebook might say. *La grosse qui rêvait d'amour* (*The Fat Girl Who Dreamed of Love*) is her debut book.

DEBUT
NOVEL

PASCALE PICARD

LA NOTE DE PASSAGE

NEW

PAGES: 240

WORD COUNT: 56,522

SUBJECTS: coming of age, family life,
romance, new adult, urban lit

RETAIL PRICE: 26,95 CAD

PASSING GRADE

Facing the music, and the future

Audrey, a 19-year-old student, struggles between her studies, which don't open many doors, and her job in La Belle Province. Her dream, which she barely dares to name, is to be a singer, but the opportunities aren't always as exciting as they seem. But that's not going to stop her from taking them every time, because they are few and far between.

Passing Grade is the quest for identity of a strange little beast who lets herself be carried along by events, impulsive decisions and her colourful friends.

— Excerpt —

Émilie offered to let me live with her. She has a tiny, cheap flat in Saint-Sauveur. My bedroom won't really be a bedroom, because there's no window, but it's big enough for a mattress and two or three pieces of furniture. That's all I own anyway. I open the boot: my whole life fits into a Lumina van. A double mattress on the roof, no bed base, a guitar, a ghettoblaster, two small chests of drawers and green bags filled blindly a few days earlier.



Pascale Picard

Born in Quebec City in 1982, Pascale Picard is a singer-songwriter and broadcaster. She has won two Félix awards with her group, the aptly named Pascale Picard Band. Her first novel confirms her status as a versatile creator, with a voice as original and personal as her songs. She opened for Paul McCartney on the Plains of Abraham in 2008, and he has yet to return.

DEBUT
NOVEL

*Un été
sans
pleine
lune*



MARIE-EVE BRASSARD

QA

PAGES: 256
WORD COUNT: 51,000
SUBJECTS: chick-lit, empowerment,
urban lit, women, lifestyle decision,
motherhood
RETAIL PRICE: 28,95 CAD

A SUMMER WITHOUT A FULL MOON

Do I want a child?

Before it's too late and everything becomes biologically more complicated, I need to make up my mind. And I can't talk about it with Val, who'll climb onto every rooftop in the neighborhood to shout at me not to ruin my life, nor with Ani, who'll whisper while yawning that, even though she now feels like it's possible to die of exhaustion, it's the most beautiful thing that can ever happen to us.

When her boyfriend tells her he doesn't want kids, Emma is forced to examine her heart. She's always assumed she'd have children, without ever asking herself if she actually wanted them. Seeking refuge with two friends with completely opposite opinions, she spends the summer drinking rosé and wondering if unconditional love can really compensate for not sleeping for the next hundred years. Has she been dazzled by the idea of motherhood, sold to her as something she doesn't actually desire?

By meeting women who don't want kids and men who are still on the fence, Emma will find the answer to a question that she's not alone in asking: baby or not baby?

— Excerpt —

I don't want a child.

It's not his fault, he didn't know before. But now he knows. He's known for a few months now. Five months, in fact. Just after the holidays. He doesn't want to go through this again. Not at nearly fifty. But he didn't know how to tell me. He couldn't find the right time and we were going on a trip, he couldn't find the right time and it was my birthday, he couldn't find the right time and we were having the family over for the weekend. I have to understand and forgive him, and that's not easy to say.

And it's even harder to hear.



Marie-Eve Brassard

Marie-Eve Brassard is a television director, a career that allows her to tell stories—her greatest passion.

This passion is closely followed by her love of asking herself countless questions and (according to her loved ones) far too often turning serious topics into humor. *Un été sans pleine lune* (*A Summer Without a Full Moon*) is her debut novel.

DEBUT
NOVEL

ÉLIANE GAGNON

En attendant de t'aimer

**PAGES:** 216**WORD COUNT:** 48,274**SUBJECTS:** maternity, mental illness,
post-partum, anxiety, love, support**RETAIL PRICE:** 27,95 CAD

WAITING TO LOVE YOU

"Deep down, I want a family, but fear is always stronger than love."

Soon to turn thirty, Lili is trying to build a stable life despite her self-destructive tendencies.

Meeting Sanchez gives her hope for a better future, but her troubled past and deep fears constantly threaten her happiness. An unexpected pregnancy confronts her with her greatest anxieties while offering her a chance at redemption.

— Excerpt —

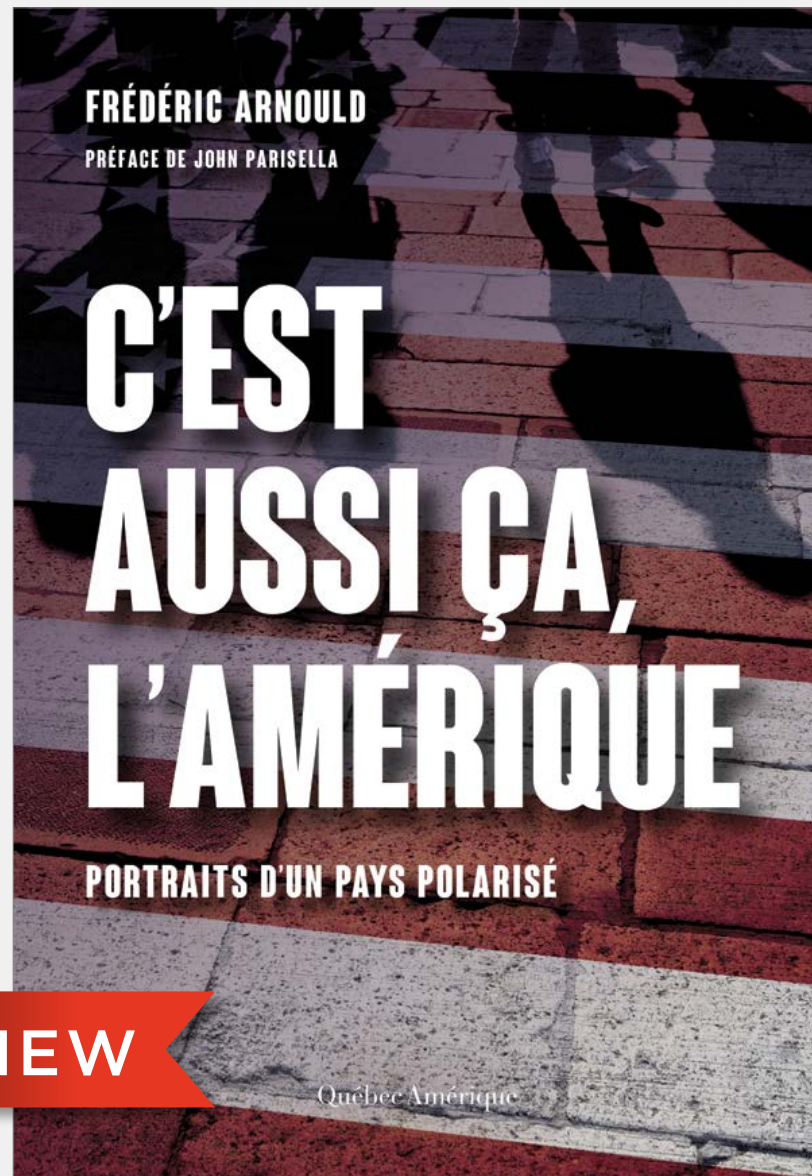
I'm taking a lot of photos with my little belly starting to show. Sanchez is working like crazy, and that's a relief because I can take the time to digest everything that's going on in my life. And as I want to make a more active contribution to the family finances, I've started thinking about an online business.



Éliane Gagnon

Born in Montreal in 1985, Éliane Gagnon is an author, screenwriter, actress, and founder of Soberlab.

She has published the autobiographical memoir *Carnets de fuite* (*Runaway Notes*) and the essay *La sobriété* (*Sobriety*). *En attendant de t'aimer* (*Waiting to Love You*) is her debut novel.



PAGES: 288

WORD COUNT: 70,000

SUBJECTS: political science, american government, civics & citizenship

RETAIL PRICE: 29,95 CAD

THIS IS ALSO AMERICA

Portraits of a Polarised Country

Is America broken?

“Many of my patients, when they go to a clinic that provides abortion care, have to walk past protesters holding up truly horrific images. They yell at them.”

“I’ve seen two children whose bodies were shattered by bullets.”

“America needs a ‘national divorce.’ We have to separate red states from blue states and shrink the federal government.”

Guns, abortion, religion, (mis)information, justice . . . Why do these issues divide Americans more than ever? Journalist Frédéric Arnould traveled across the United States and met a wide range of citizens, exploring—without ever explicitly asking—the eternal question: “What’s going on with you Americans?”

An insightful and human portrait of this land of promise, a country that guarantees its citizens great freedom and the tools to defend it . . . for better or for worse.

— Excerpt —

Welch is well and truly on his way to the Comet Ping Pong pizzeria. The 28-year-old warehouse worker intends to ‘save the children’ from this alleged paedophile ring. When he parked outside the restaurant, children were playing table tennis while their parents enjoyed a quiet Sunday afternoon over pizza and beer. Welch crosses the threshold of the square with a loaded AR-15 rifle and a Colt revolver on his hip. As he walks slowly through the restaurant, frightened waiters guide customers away from their plates and towards the exits. For a brief moment, Welch wanders around the pizzeria, looking for an evil dungeon or basement that doesn’t exist. When he finds a door he can’t open, he pulls the lock. False alarm, it’s just a computer cupboard. He finally puts down his weapons, puts his hands on his head and exits the pizzeria, where dozens of police officers are waiting for him.



Frédéric Arnould

Frédéric Arnould is a journalist, presenter, and communicator for television and radio at Radio-Canada, where he has worked for over 25 years.

His thirst for discovery and storytelling has taken him around the globe, from Guantánamo to Afghanistan, Europe, Asia, and the United States. He is currently based in Washington, D.C., as a correspondent for the public broadcaster. His deep immersion in the land of freedom inspired this book.



PAGES: TBD

WORD COUNT: 45,000

SUBJECTS: family & relationships, parenting, parent & adult child, self-help, personal growth

RETAIL PRICE: TBD

AFTER THE CHILDREN

How to Deal with their Departure Without Lamenting (Too Much)

We never think about: once the children have left home, what happens to the parents? Challenges and opportunities associated with children leaving home.

Empty nest syndrome is the painful feeling of sadness or loneliness that some parents experience when their children leave home. Its symptoms are similar to those of depression, and more than a third of parents suffer from it.

But haven't we all dreamt of a calmer time, when the bins of laundry to be folded would finally be empty and the fridge wouldn't be emptied every two days? Of that moment when you could come home from work and sit back with a glass of white wine and a good book? Yes, but . . . After devoting so many years to our children, it's not always easy to ensure that their departure goes smoothly. And they often remain our favourite people, the ones we love to be with. How do you navigate between sadness and pride?

With humour and candour, Karine Glorieux goes in search of information, tips and advice from parents, psychologists, sociologists, financial advisers and other specialists to help her cope with this stage of her life.



Karine Glorieux

Before writing books, Karine Glorieux served thousands of coffees, studied literature, travelled the world and gave birth to three beautiful creatures who grew up far too fast. Author of several novels for adults (*À côté de la track*, *Tuer la poule*, the *Mademoiselle Tic Tac* series) and young readers (*L'année où je suis sortie de mon aquarium*, *Il était 26 fois*, the *Mutants* series), she also teaches literature at Collège de Maisonneuve in Montreal.

Rien.

NEW

PAGES: 184**WORD COUNT:** 24,417**SUBJECT:** mindfulness, personal growth, mental health**RETAIL PRICE:** 26,95 CAD

NOTHING.

Do nothing. At all. Just let yourself float in a kind of void for a few seconds. Yes, yes. Try it now.

How was that? Strange? Unsettling?

If, like me, your mind tends to resemble a hamster endlessly spinning on its wheel, that overactive little rodent probably whispered something like:

"Come on. Why are you doing this? It's pointless."

Despite its love of cardio and its obsession with maximizing every second, my mental hamster eventually learned that overcoming the fear of emptiness or boredom and adding more "nothings" to my daily life unlocks an endless source of hidden gifts.

With this book, I'll gently guide you along the surprising path of doing nothing. I'll try to make the void endearing,

soft,

bare.

Shall we begin?

— Excerpt —

It's quite simple. Instead of making the most of every one of those seconds to try and be efficient or to try and move faster than time, you can simply take the hand of your attention and invite it here: in the walk, in the queue, at that eternal red light and so on. And take advantage of these moments to be only a witness, a kind of narrator who observes the story of the moment with a step back and thus offer your mind the right to:

do nothing.



Laurie Blanchette

Laurie Blanchette is an actress and singer specializing in voice-over work; she's been the official voice of Rouge FM since 2020. After experiencing emotional voids and periods of burnout, she completed six Vipassana meditation courses in intensive retreat settings, along with over ten solo retreats, before discovering the perfect tool

to recharge: nothing. She now hopes to share the immense benefits of her experience with others. *Rien. (Nothing.)* is her debut book.



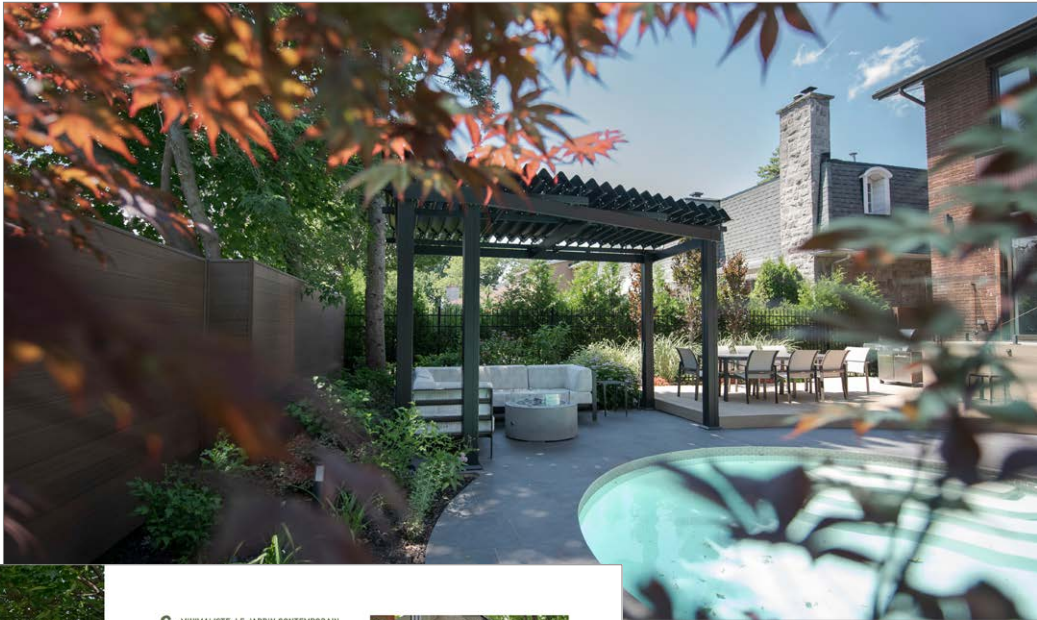
PAGES: 184
WORD COUNT: 23,000
SUBJECTS: gardening, exterior design, garden design, landscape
RETAIL PRICE: 32,95 CAD

CREATE THE COURTYARD OF YOUR DREAMS

Tailor-Made Landscaping

A step-by-step guide to help you design the oasis of your dreams—a space where you can recharge every day

Are you wondering how to plan the work, which plants to choose, or what furniture is best for your garden? Whether you have a tiny urban balcony or a sprawling green backyard, this practical guide will teach you how to create an outdoor space that seamlessly complements your home and perfectly aligns with your needs and wildest desires.

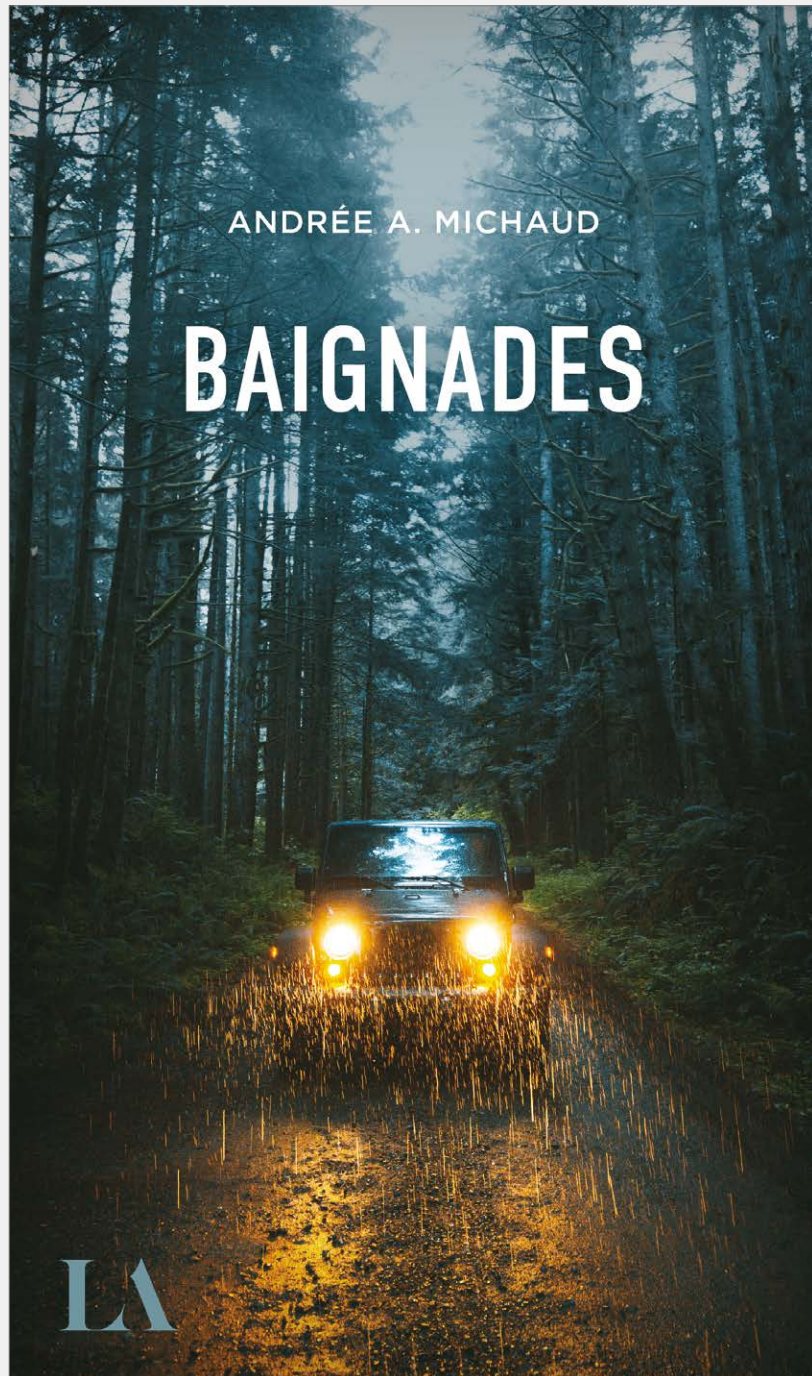


Emmanuelle Mozayan-Verschaeve and Jocelyn Lussier

Emmanuelle Mozayan-Verschaeve is a journalist and former deputy editor-in-chief for various media outlets specializing in architecture, decoration, real estate, and landscape design. She is also the author of educational books. Since moving to Quebec in 2007, she has been a regular contributor to *La Presse*, *Mixte Magazine*, and *Protégez-Vous*.



Jocelyn Lussier is a prolific landscape architect and horticulturist who founded Topia in 2001, a firm specializing in the design and construction of unique, sensory-rich residential gardens. A recipient of numerous design awards, he has become a leading authority in landscape architecture.



PAGES: 312

WORD COUNT: 66,531

SUBJECTS: suspense, string of bad luck, complex characters, slippery slope, the limits of redemption

RETAIL PRICE: 29,95 CAD

RIGHTS SOLD:
French excl. Canada
(Payot & Rivages)

SWIM

In a highly suspenseful novel, acclaimed writer Michaud explores how chance can turn a man into a killer

Newly arrived at the Lac aux Sables campground, Max, Laurence and Charlie are enchanted by the area's beauty and decide that they're going to have a fantastic vacation. While little Charlie runs to go swimming, her parents open a bottle and toast to summer. Then a very serious incident occurs, followed by a second one that develops into an argument. Max is furious and insists that they leave immediately. But it's nighttime, and a storm is raging. They're distracted and go in the wrong direction, getting their enormous RV stuck down a narrow logging road that will lead them to something horrifying.

In this gripping thriller, Andrée A. Michaud deploys all her talent to make us feel the terror of this family that chance leads into a never-ending spiral.

BY THE SAME AUTHOR

BONDRÉE

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PROIES

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Greece (Ekdoseis tou Eikostou Protou)



Andrée A. Michaud

Andrée A. Michaud is a two-time winner of the Governor General's Literary Awards for Fiction (*Le Ravissement* in 2001 and *Bondrée* in 2014) and the recipient of the Arthur Ellis Award and the prix Saint-Pacôme for best crime novel for *Bondrée*, as well as the 2006 prix Ringuet for *Mirror Lake* (adapted for the big screen in 2013). As she has done since her very first novel, Michaud fashions an eminently personal work that never ceases to garner praise from critics and avid mystery readers alike.



2024:
RIVAGES
DES
LIBRAIRES
AWARD



PAGES: 528
WORD COUNT: 110,000
SUBJECTS: spirituality, family, nature
RETAIL PRICE: 29,95 CAD
RIGHTS SOLD:
 French (Gallimard—Folio)

MAYRON SCHWARTZ'S MEMOIRS

A poetic, contemplative novel full of magnificent reflections

With the most exuberant literary unruliness, Mayron Schwartz, a Jewish, atheist, Neo-Darwinian writer, puts together something that resembles his memoirs. Like a stream of parade floats going by, the anecdotes flow from one to the next: the author brilliantly and poetically weaves the story of a life marked by love.

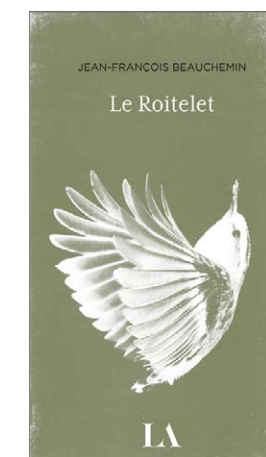
— Excerpt —

The epitaph on André Breton's grave in the Batignolles cemetery reads: Je cherche l'or du temps (I seek the gold of time). Well, I too am looking for the gold of time. Or, if you prefer: I'm looking for where life is and what we should believe in. I'm looking for the reasons for being, the shadows where memories will lodge and where the future awaits us. I search that infinity from which we were born, and that eternity into which we will be hurled by death. When I can't find any more answers with Léa, you, Father Labranche, Monsieur Vigneault or my friends Yves and Dany, I spend some time in the company of Malraux, or else I leave the house to find Rosaire, or the cow Antoinette. If I'm lucky, I meet Eugène the fox along the way.



Jean-François Beauchemin

Jean-François Beauchemin has been a writer for over twenty-five years. All of his books, many of which have won prestigious awards, examine the human soul, marvel at the human psyche, wonder at the splendour of the senses, and stand in awe at the beauty of the world.



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**2024
 FOLIO-TELERAMA
 AWARD**

About Québec Amérique

For 50 years now, Québec Amérique has been thrilling readers young and old with a wide array of fiction, having published more than 2,000 titles ranging from picture books to historical fiction, crime novels and other adventurous tales. Their talented and award-winning authors have made readers laugh, dream and learn through stories as well as outstanding essays and biographies, many of which have been translated or turned into motion pictures.

The Translation component of Arts Abroad funds the translation of Canadian dramatic works or literary works for international publication. Up to \$20,000 for each translation.



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