

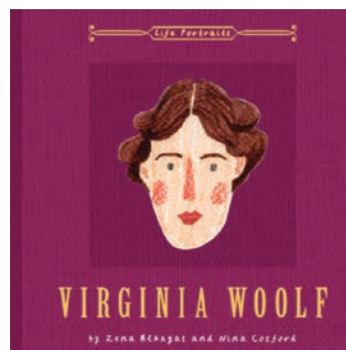
CARDINAL

CATALOGUE



COFFEE-TABLE BOOKS

LIFE PORTRAITS



JANE AUSTEN WAS BORN ON 16th DECEMBER 1775 IN STEVENTON, HAMPSHIRE. SHE LIVED IN THE VILLAGE RECTORY WITH HER FATHER GEORGE AND MOTHER CASSANDRA.



ADELINE VIRGINIA STEPHEN WAS BORN ON 25th JANUARY 1882. SHE GREW UP AT 22 HYDE PARK GATE WITH HER PERIODICALLY INTELLECTUAL FATHER LESLIE, HER PHILANTHROPIC MOTHER JULIA AND SEVEN SIBLINGS AND HALF-SIBLINGS.



The Life Portraits series offers a lavishly illustrated, potted biography of iconic creative figures: Virginia Woolf, Jane Austen, Frida Kahlo and fashion legend Coco Chanel.

- In these beautiful gift titles, stunning illustrations sit alongside an illuminating biography of the four artists, offering fans a fresh look at them.
- A beautiful keepsake, as well as an innovative format which serves as a novel and accessible way of understanding and appreciating the women's life and work.
- Luxury finish, with embossing and foil lettering on textured cover.

Rights Available: World French

ZENA ALKAYAT & NINA COSFORD

JANE AUSTEN

ISBN: 978-2-924646-10-6

COCO CHANEL

ISBN: 978-2-924646-11-3

VIRGINIA WOOLF

978-2-924646-12-0

FRIDA KAHLO

978-2-924646-09-0

Cover	Hard
Format	6" X 6"
Pages	128
Published	March 1 st , 2017
Price	\$21.95

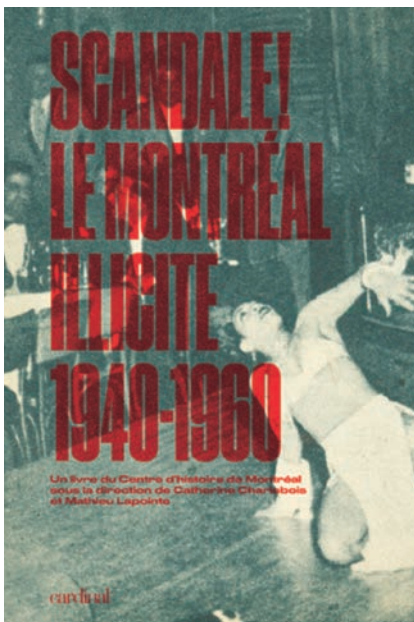


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COFFEE-TABLE BOOKS

SCANDALE ! LE MONTRÉAL ILLICITE 1940-1960



While the Second World War rages on the other side of the Atlantic, jazz and cabarets enliven Saint Catherine Street. Halfway between Las Vegas and Paris, Quebec's metropolis is host to the greatest artists of the time: Édith Piaf, Franck Sinatra, Louis Armstrong, Alys Robi, Charles Trenet, Charlie Parker, Oscar Peterson and many more. But behind the curtains of these concert venues, in the maze of the Red Light's alleyways, some people are up to no good: gambling, prostitution, smuggling. And there starts another kind of war, the merciless war between organized crime and the forces of righteousness led by the incorruptible young lawyer Pacifique "Pax" Plante and his morality squad.

Based on the pictures collected by the Centre d'histoire de Montréal, on testimonies and portraits of striking authenticity, Scandale! sheds light on this extraordinary part of Montreal's history and on the people who shaped its identity.

CATHERINE CHARLEBOIS &
MATHIEU LAPOINTE

ISBN	978-2-924155-99-8
Cover	Hard
Format	6.5" X 9.5"
Pages	272
Published	November 2, 2016
Price	\$32.95



COFFEE-TABLE BOOKS

CAFÉS



Over 20 countries, 45 cities, and as many legendary establishments from Bilbao to Hanoi, Istanbul to Kyoto... A globe-trotting photographer goes on a quest for the best *latte* and the perfect *crema*. An inveterate coffee lover and keen-eyed photographer, Jean-Michel Dufaux leads readers on a tour of the world as seen from its best cafés.

JEAN-MICHEL DUFAUX

Jean-Michel Dufaux is an author, host, and reporter. When the cameras stop rolling, he focuses his lens on the discoveries he makes while travelling the world. And when he puts his camera down, it's to reach for the handle of his *latte* mug.

ISBN	978-2-924155-92-9
Cover	Hard
Format	8.25" X 11"
Pages	256
Published	October 7, 2015
Price	\$39.95



COFFEE-TABLE BOOKS

LES GUIDES DRÔLES ET SYMPATHIQUES SUR L'ART DE VIVRE AU CHALET



Those who find cottage life boring as much as those who love it will find in these pages an extraordinary collection of information both helpful and playful to put into practice...

You will find in the three books of this collection—*S'initier aux bonnes manières*, *Découvrir la nature* and *Se divertir simplement*—a wealth of advice, ideas of activities and tips of all sorts. These guides will enable you to amuse yourself in the very simplest of ways while also providing handy information. Those who find cottage life boring as much as those who love it will find in these pages an extraordinary collection of information both helpful and playful to put into practice... or not. Books you can leave and read at the cottage, close to the fire... Well, not too close.

MARIE-CATHERINE LAPOINTE

Volume 1
S'INITIER AUX BONNES MANIÈRES
ISBN: 978-2-924155-89-9

Volume 2
DÉCOUVRIR LA NATURE
ISBN: 978-2-924155-90-5

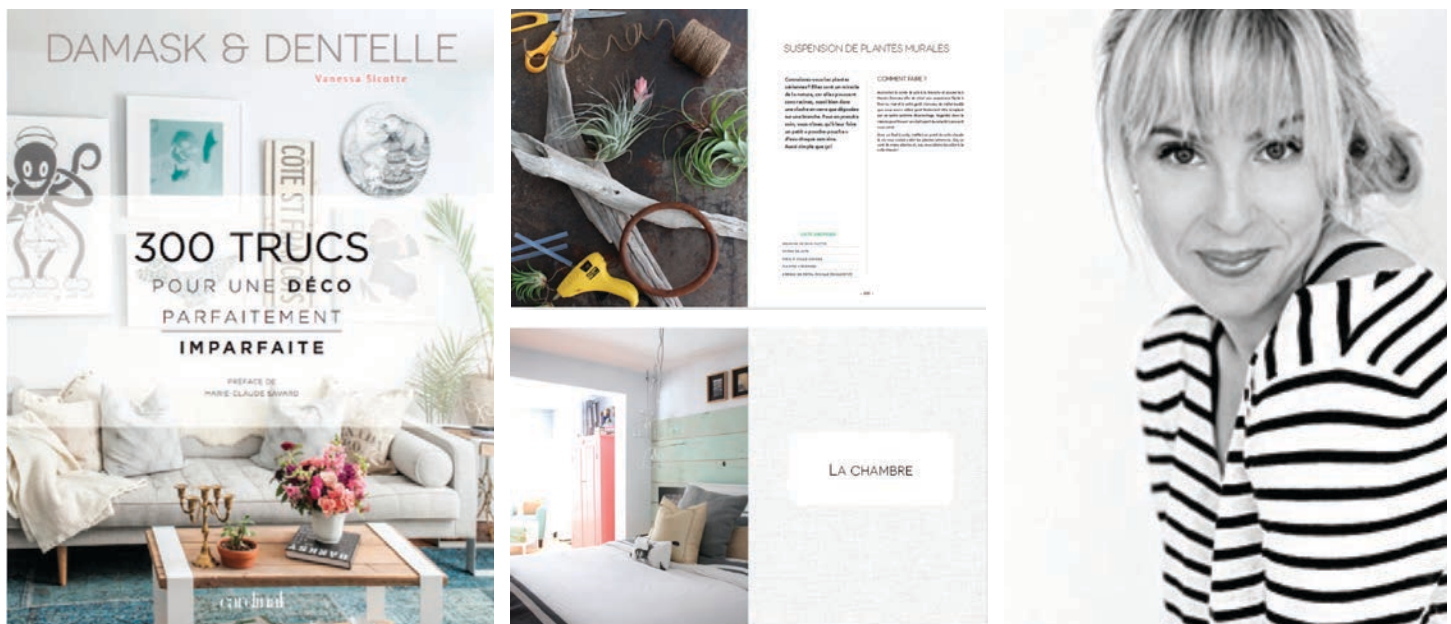
Volume 3
SE DIVERTIR SIMPLEMENT
ISBN: 978-2-924155-91-2

Cover	Soft
Format	8" X 8"
Pages	144
Published	May 15, 2015
Price	\$16.95



COFFEE-TABLE BOOKS

DAMASK ET DENTELLE



Vanessa Sicotte outlines a comprehensive how-to for interior decorating that is both magnificent and completely laid-back. From the entryway to the bathroom, kitchen, living room, and bedrooms, *Damask & Dentelle* contains over 300 perfectly imperfect décor ideas, pleasantly surprising floral arrangements, and tips for DIY accessories guaranteed to delight.

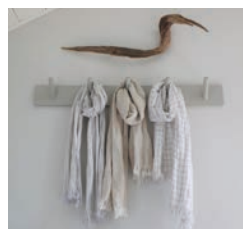
VANESSA SICOTTE

ISBN	978-2-924155-93-6
Cover	Hard
Format	8.5" X 10.5"
Pages	256
Published	October 21, 2015
Price	\$34.95



COFFEE-TABLE BOOKS

50 IDÉES DÉCO POUR EMBELLIR SA VIE



In her second book, Vanessa Sicotte, the queen of decor, shares her thoughts on the current issues with decorating. Fifty short articles show how simple design principles and combinations can completely transform any space into the perfect space to call home.

Illustrations by: Lauren Kolyn

VANESSA SICOTTE

ISBN	978-2-924646-25-0
Cover	Soft
Format	6" X 8"
Pages	184
Published	May 9, 2018
Price	\$22.95



DAMASK ET DENTELLE / 50 IDÉES DÉCO POUR EMBELLIR SA VIE

VANESSA SICOTTE

Vanessa Sicotte is a mother of three adorable children: two girls and one boy. She is also a business woman, a blogger, and a passionate decorator. In 2009, she took the plunge and created her very own blog and directory titled *Damask & Dentelle* which contains the addresses of more than 2000 decor shops in Quebec. Today, Sicotte manages the Website *lappartement.shop*.

Born and still living in Montreal, she loves vintage and secondhand stores. She appeared in the French television shows *Sauvez les meubles!* and *Marché Conclu!* on Canal Vie. Sicotte is a regular on the ICI Radio-Canada show *Marina Orsini*.



COFFEE-TABLE BOOKS

LIGHTS OF AFRICA



Africa. The word itself frightens and fascinates, describing a vast continent of 54 countries and a billion people singing in thousands of different languages. The powerful photographs and touching stories of **Lights of Africa** portray a proud and resilient continent. Let yourself be transported to the underrated continent, the cradle of mankind

Dakar-based CBC journalist and correspondent Sophie Langlois was transformed by her numerous stays in Africa. In **Lights of Africa**, we see Africa through her eyes; a place of builders and fighters working to change their world. Normand Blouin (*Reuters*, *Red Cross*, *UNICEF*) provides striking photographs of an Africa of colour and contrast. Introduction by Boucar Diouf.

SOPHIE LANGLOIS & NORMAND BLOUIN

ISBN	978-2-924155-85-1
Cover	Hard
Format	9"X 12"
Pages	240
Published	October 28, 2014
Price	\$22.95



LIGHTS OF AFRICA

SOPHIE LANGLOIS

Sophie Langlois was an African-based CBC correspondent for six years. Initially, she was stationed in Senegal from 2007 to 2009, but then she covered African hot topics from Montreal until 2013. Her work focused on African conflicts, the Arab Spring, and other humanitarian crises. She has corresponded in Washington, D.C. and at the National Assembly of Québec. In addition, she has done investigative and financial journalism for the show *ENJEUX*. She is the winner of the Judith-Jasmin award for excellence in journalism in Quebec for her reporting of the Cinar scandal, a producer for children's television shows.

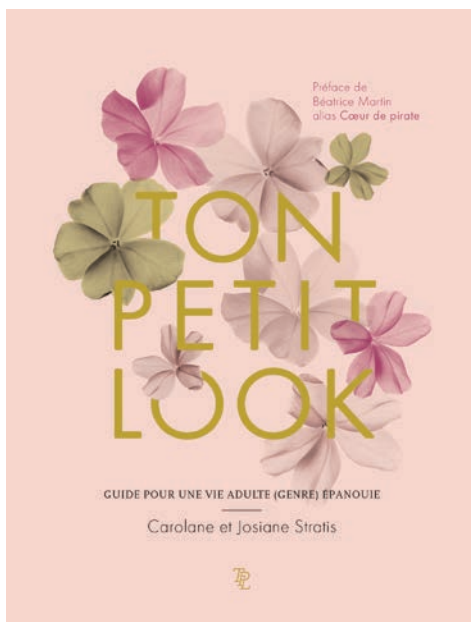
NORMAND BLOUIN

Normand Blouin is a professional photographer with 25 years of experience. He has worked for Reuters in Senegal; has done contract work at the White House and the U.S. Capitol for the New-York-based agency Polaris; has photographed crises and coups in Haïti, as well as the visit of Pope John Paul II to Cuba, in addition to a number of important events in Québec. In 2013, he travelled to Egypt, Lebanon, Israel, and Palestine to photograph the decline of Christianity in the Middle-East. His photographs have been featured in many prominent Canadian newspapers and magazines, as well as in international publications such as *Le Point*, *L'Express*, *The New York Times*, *Time Magazine*, and *The Jerusalem Post*.



ESSAYS

TPL – TON PETIT LOOK GUIDE POUR UNE VIE ADULTE (GENRE) ÉPANOUIE



In this anniversary book of TPL, the Stratis twins propose exclusive texts on work, money, social networks, pop culture, life in an apartment, fashion, beauty, friendship, sexual life and general love. In 115 testimonies and practical articles, they explain why our body is just fine the way it is, show us how not to be victims (of fashion or of people) and talk about the challenges of life, big and small. In short, it's the bible of how to become an awesome adult.

ABOUT THE BLOG

Ton Petit Look puts today's fashion and style into context. It is mostly aimed at young women from 15 to 25 years old. With its unique tone, both funny and biting, TPL demystifies fashion and trends by bringing their readers to assert their own style.

CAROLANE & JOSIANE STRATIS

ISBN	978-2-924646-08-3
Cover	Soft
Format	7.5" X 9.75"
Pages	144
Published	February 15, 2017
Price	\$26.95



ESSAYS

TON PETIT LOOK II – LES FILLES SONT-ELLES FOLLES?



After the success of their first book *Ton Petit Look—Guide pour une vie adulte (genre) épanouie*, the Stratis sisters come back with a second volume full of new, touching and witty texts. In this book, the famous bloggers focus on mental health, a topic that is close to their heart. With infinitely intimate testimonies that challenge taboos and texts brimming with practical (but too rarely available) information, the authors lift the curtain on mental health and provide an opportunity to reflect on many of its aspects, such as its impact on daily life and social relations. In this book, wonderful illustrations both express and enhance the tone of quiet girl talk between friends (#LaVibeTPL), a tone that has become *Ton Petit Look's* (TPL) trademark both on the Web and on the shelves.

CAROLANE & JOSIANE STRATIS

ISBN	978-2-924155-95-0
Cover	Soft
Format	7.5" X 9.75"
Pages	224
Published	November 4, 2015
Price	\$26.95



TON PETIT LOOK I ET II

CAROLANE STRATIS

Carolane was born 30 years ago, 12 minutes before her sister. Since then, she had two children herself: Dolores and Marcel. She cofounded *Ton Petit Look* six years ago, as well as *TPL Moms* some three years later. She graduated in fashion design and management. Co-author of the book *Ton Petit Look: guide pour une vie (genre) épanouie*, Carolane is a team worker. She also likes to drink coffee and sleep, but since she works on the web and her little one is not yet a year old, she tends to get more of the first and less of the second.

JOSIANE STRATIS

Josiane was also born 30 years ago (really!). She has one child named Arthur, two dogs called Winston and Clément, as well as several diplomas in fashion marketing, cultural animation and research, communications and journalism. Despite a full schedule due to the websites she cofounded with her twin sister (*Ton Petit Look* and *TPL Moms*), Josiane tries to get some sleep every now and again. (And that, even if her brain is always spinning.) Aside from that, she's fine, thank you!



ESSAYS

50 QUESTIONS POUR EXPLIQUER LE WEB À MON PÈRE



Have smartphones killed boredom? Where have our family photos gone? Are connected objects simple gadgets? With its wealth of digital innovations, the last decade sometimes gives us the impression that we just landed on a new planet. However, when we scratch the shiny surface of our modern culture and behaviours, we often discover many old habits and ways of functioning. Through 50 questions, Fabien Loszacht attempts to explain that the world as we know it today, i.e. fashioned by new information technologies, may not be as different from the “good old times” as we think.

FABIEN LOSZACHT

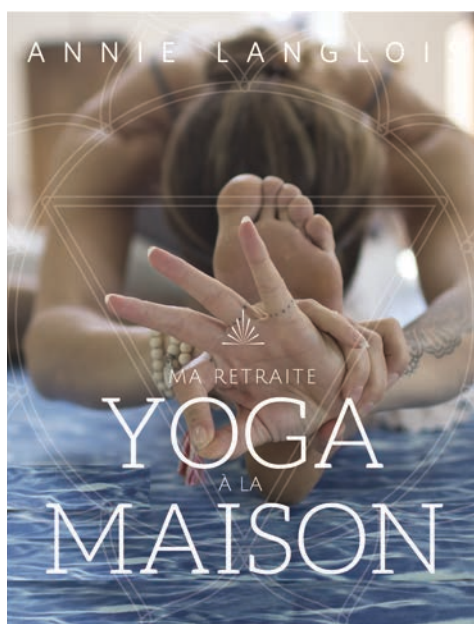
Sociologist specializing in digital humanities and web strategist, Fabien Loszacht writes and presents the weekly segment *Mythologies du Web* of the TV show *La sphère*, broadcast on ICI Radio-Canada Première.

ISBN	978-2-924155-98-1
Cover	Soft
Format	5.5" X 8"
Pages	272
Published	May 18, 2016
Price	\$19.95



HEALTH & FITNESS

MA RETRAITE YOGA À LA MAISON



7 steps to Find Balance - Ma retraite yoga à la maison offers an approach that is accessible to everyone. The author guides the readers through several yoga, relaxation and meditation sessions while also offering paths to reflect on how to retrieve life balance. Be it for the simple pleasure of movement or with the aim to adopt a comprehensive approach, this seven-step formula allows readers to experience a yoga retreat in the comfort of their own homes.

- A comprehensive approach
- Over 250 inspiring photos
- 80 yoga poses explained in detail
- 14 guided relaxation and meditation sessions
- A teacher certified in hatha, kundalini and vinyasa yoga as well as in conscious breathing.

ANNIE LANGLOIS

Co-founder and president of the interactive yoga platform **Mon Yoga Virtuel**, Annie Langlois is a certified yoga teacher. Living between Bali and Quebec, she has been hosting yoga retreats everywhere around the globe for several years.

ISBN	978-2-924646-02-1
Cover	Soft
Format	7.5" X 9.75"
Pages	224
Published	January 18, 2017
Price	\$26.95



HEALTH & FITNESS

MÉDITER SANS COMPLEXE



Méditer sans complexe offers easy to understand information and guides the reader through a complete 4-week meditation program to integrate mindfulness into their everyday life.

The author shares her experience and her thoughts to help people find their balance. Without ignoring the benefits of traditional medicines, she suggests additional solutions to better understand to one's physical and mental health.

SOPHIE MAFFOLINI

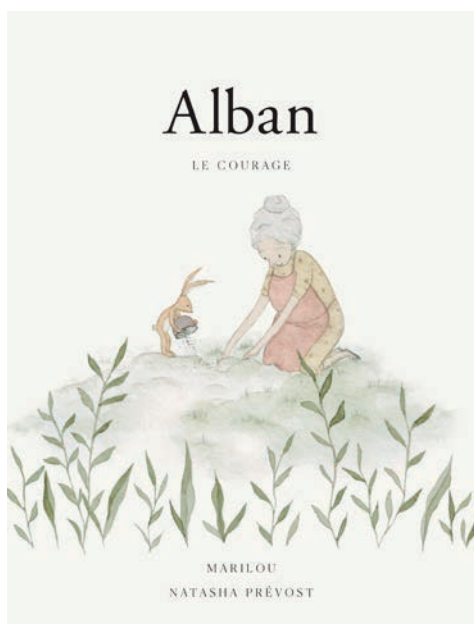
Sophie Maffolini has been working as a doctor up North since 2013. She suffered from anorexia when she was studying medicine and turned to mindfulness meditation for healing. In addition to her training in general medicine, Maffolini has a diploma in ayurvedic medicine (or Ayurveda), coaching, yoga and Reiki. She also gives lessons on how to reduce one's stress and increase one's well-being.

ISBN	978-2-924646-26-7
Cover	Soft
Format	7.5" X 9.75"
Pages	280
Published	March 28, 2018
Price	\$29.95



YOUTH BOOK

ALBAN — LE COURAGE



Discover Marilou's first children's book; it is the start of the adorable Alban book collection.

Each book that the child reads allows him or her to learn a virtue based on the adventures of the young rabbit.

Attracted to the smell of the carrots in Mrs. Pomerleau's garden, Alban is unable to stop himself from stealing a few. That day, our friend the rabbit learns the true meaning of courage.

Beautifully illustrated by Natasha Prévost.

MARILOU

ISBN	978-2-924646-27-4
Cover	Hard
Format	6" X 8"
Pages	32
Published	March 21, 2018
Price	\$14.95



ALBAN — LE COURAGE

MARILOU

Marilou grew up in artistic and creative surroundings. Imagination and creativity, she believes, have always been the best outlets to express herself freely and fully. As a teenager, Marilou's days would end with her in pyjamas, a book about food or interior design in hand. Or maybe she'd watch an international cooking show on television. At 19, she left the family home and decided to put her knowledge and creativity to use in her own kitchen. Using a trial and error approach, she progressively re-tuned her culinary skills. Hosting guests quickly became one of her greatest pleasures. She has spent entire afternoons cooking, redecorating and setting the table with nice, affordable finds, to make her guests feel welcomed. She loves sharing her food and her home with those she loves.





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